

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****Girls 100 Meter Dash**

Name	Year School	Finals	Points
Finals			
1 Van Norman, Carsyn	Northwestern Lehigh	13.00	5
2 Magditch, Jenna	Palisades	13.30	3
3 Henry, Angela	Palisades	13.40	1
4 Gruver, Kaylei	Palisades	13.50	
5 Murray, Bailey	Northwestern Lehigh	13.70	
5 Esterly, Kirsten	Northwestern Lehigh	13.70	
7 Grantham, Kaia	Northwestern Lehigh	13.80	
7 Balliet, Brook	Northwestern Lehigh	13.80	
9 Pason, Holly	Palisades	13.90	
10 Masters, Julia	Northwestern Lehigh	14.10	
11 Wenskoski, Allie	Palisades	14.30	
12 Amato, Lacey	Palisades	15.90	

Girls 200 Meter Dash

Name	Year School	Finals	Points
1 Van Norman, Carsyn	Northwestern Lehigh	27.50	5
2 Balliet, Ava	Palisades	27.90	3
3 Magditch, Jenna	Palisades	28.10	1
4 Pomajevich, Abby	Northwestern Lehigh	28.40	
5 Henry, Angela	Palisades	28.90	
6 Balliet, Brook	Northwestern Lehigh	29.10	
7 Grantham, Kaia	Northwestern Lehigh	29.20	
8 Murray, Bailey	Northwestern Lehigh	29.70	
9 Wenskoski, Allie	Palisades	30.20	
10 Kochanowicz, Kyra	Palisades	31.30	
11 Renner, Sarah	Northwestern Lehigh	31.80	
-- Leonberg, Lana	Palisades	DQ	

Girls 400 Meter Dash

Name	Year School	Finals	Points
1 Holmes, Jakayla	Northwestern Lehigh	1:05.90	5
2 Silfies, Norah	Northwestern Lehigh	1:06.00	3
3 Mount, Abby	Palisades	1:07.00	1
4 Pavlinsky, Delia	Palisades	1:08.50	
5 Fair, Carly	Palisades	1:10.50	
6 Fagan, Emily	Northwestern Lehigh	1:11.20	
7 Shupp, Shelby	Northwestern Lehigh	1:11.40	
8 Renner, Sarah	Northwestern Lehigh	1:13.20	
9 Carson, Kaitlyn	Palisades	1:14.30	
10 Zentz, Avrie	Northwestern Lehigh	1:17.60	
-- Houghton, Charlotte	Palisades	DQ	

Girls 800 Meter Run

Name	Year School	Finals	Points
1 Smith, Amelia	Palisades	2:37.60	5
2 Chilton, Brynn	Palisades	2:41.70	3

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****....Girls 800 Meter Run**

3	Cornell, Sophia	Northwestern Lehigh	2:42.80	1
4	Smith, Giada	Palisades	2:48.50	
5	Trickel, Samantha	Palisades	2:50.10	
6	Mount, Abby	Palisades	2:55.80	
7	McGorry, Molly	Northwestern Lehigh	2:56.10	
8	Penny, Sophia	Northwestern Lehigh	2:58.80	
9	Heinly, Devon	Northwestern Lehigh	3:01.00	
10	Glassberg, Leia	Northwestern Lehigh	3:15.20	
--	Fitzgerald, Jayden	Palisades	DQ	
--	Olmstead, Olivia	Palisades	DQ	
--	Gruen, Katherine	Northwestern Lehigh	DQ	
--	Moloney, Kelly	Northwestern Lehigh	DQ	

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1	Smith, Amelia	Palisades	5:43.80	5
2	Klein, Angelina	Northwestern Lehigh	5:47.40	3
3	Reguera, Sara	Palisades	6:17.40	1
4	Penny, Sophia	Northwestern Lehigh	6:23.30	
5	Heinly, Devon	Northwestern Lehigh	6:33.50	

Girls 3200 Meter Run

Name	Year	School	Finals	Points
1	Reguera, Sara	Palisades	13:17.90	5
2	Smith, Amelia	Palisades	13:18.20	3
3	Pedron, Kelcey	Northwestern Lehigh	13:47.30	1
4	Rutkowski, Emma	Northwestern Lehigh	13:57.10	

Girls 100 Meter Hurdles

Name	Year	School	Finals	Points
1	Yost, Faith	Northwestern Lehigh	15.50	5
2	Magditch, Morgan	Palisades	17.30	3
3	Gillette, Jayden	Northwestern Lehigh	18.30	1
4	Miller, Nina	Northwestern Lehigh	18.40	
5	Hunsicker, Alicia	Northwestern Lehigh	18.80	
6	Shulz, Jillian	Palisades	19.00	
7	Flores, Victoria	Northwestern Lehigh	19.30	
8	Walker, Kayla	Palisades	20.30	
9	Kochanowicz, Kyra	Palisades	21.10	
10	Amato, Lacey	Palisades	22.70	
--	Staub, Ava	Northwestern Lehigh	DQ	
--	Leonberg, Lana	Palisades	DQ	

Girls 300 Meter Hurdles

Name	Year	School	Finals	Points
1	Yost, Faith	Northwestern Lehigh	50.50	5
2	Walker, Kayla	Palisades	52.20	3

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****....Girls 300 Meter Hurdles**

3	Brensinger, Katie	Northwestern Lehigh	54.20	1
4	Magditch, Morgan	Palisades	54.90	
5	Gillette, Jayden	Northwestern Lehigh	55.20	
6	Fornawalt, Megan	Northwestern Lehigh	56.50	
7	Flores, Victoria	Northwestern Lehigh	57.50	
8	Hunsicker, Alicia	Northwestern Lehigh	59.00	
--	Leonberg, Lana	Palisades	DQ	

Girls 4x100 Meter Relay

School		Finals	Points
1	Palisades 'A'	52.70	5
	1) Magditch, Jenna	2) Gruver, Kaylei	
	3) Pason, Holly	4) Balliet, Ava	
2	Northwestern Lehigh 'A'	53.70	
	1) Balliet, Brook	2) Grantham, Kaia	
	3) Pomajevich, Abby	4) Van Norman, Carsyn	

Girls 4x400 Meter Relay

School		Finals	Points
1	Palisades 'A'	4:20.30	5
	1) Houghton, Charlotte	2) Gruver, Kaylei	
	3) Pason, Holly	4) Balliet, Ava	
2	Northwestern Lehigh 'A'	4:25.90	
	1) Yost, Faith	2) Holmes, Jakayla	
	3) Silfies, Norah	4) Pomajevich, Abby	
3	Palisades 'B'	4:45.70	
	1) Fair, Carly	2) Mount, Abby	
	3) Carson, Kaitlyn	4) Pavlinsky, Delia	
4	Northwestern Lehigh 'B'	4:59.10	
	1) Fagan, Emily	2) Long, Ally	
	3) Masters, Julia	4) Esterly, Kirsten	

Girls 4x800 Meter Relay

School		Finals	Points
1	Palisades 'A'	10:32.80	5
	1) Chilton, Brynn	2) Houghton, Charlotte	
	3) Reguera, Sara	4) Smith, Amelia	
2	Northwestern Lehigh 'A'	11:10.60	
	1) Cornell, Sophia	2) Fagan, Emily	
	3) McGorry, Molly	4)	

Girls High Jump

Name	Year School	Finals	Points	
1	Yost, Faith	Northwestern Lehigh	5-01.00	5
2	Casterline, Paige	Palisades	4-11.00	3
3	Mauer, Kirsten	Northwestern Lehigh	4-07.00	1
4	Ruddell, Celina	Northwestern Lehigh	4-03.00	

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****....Girls High Jump**

4 Schwalm, Alexa	Palisades	4-03.00
4 Gillette, Jayden	Northwestern Lehigh	4-03.00
7 Trickel, Samantha	Palisades	4-01.00
7 Fornawalt, Megan	Northwestern Lehigh	4-01.00
7 Haubert, Riley	Palisades	4-01.00

Girls Pole Vault

Name	Year School	Finals	Points
1 Yost, Grace	Northwestern Lehigh	8-06.00	5
2 Donaldson, Skylar	Palisades	8-03.00	3
3 Haas, Ashley	Northwestern Lehigh	7-09.00	1
4 Andreoli, Amy	Northwestern Lehigh	6-09.00	
-- Allen, Jordan	Northwestern Lehigh	DQ	

Girls Long Jump

Name	Year School	Finals	Points
1 Casterline, Paige	Palisades	16-07.25	5
2 Brunton-Dardaris, Lucia	Palisades	15-05.25	3
3 Nelson, Emma	Northwestern Lehigh	14-04.25	1
4 Haubert, Riley	Palisades	13-11.00	
5 Mauer, Kirsten	Northwestern Lehigh	13-09.50	
6 Ruddell, Celina	Northwestern Lehigh	13-08.00	
7 Silfies, Norah	Northwestern Lehigh	12-06.25	
8 Bobbyn, Charlize	Northwestern Lehigh	12-02.00	
9 Hsu, Abby	Palisades	11-08.25	

Girls Triple Jump

Name	Year School	Finals	Points
1 Casterline, Paige	Palisades	33-08.50	5
2 Trickel, Samantha	Palisades	32-05.00	3
3 Nelson, Emma	Northwestern Lehigh	31-02.25	1
4 Brunton-Dardaris, Lucia	Palisades	30-03.25	
5 Haubert, Riley	Palisades	29-01.50	
6 Mauer, Kirsten	Northwestern Lehigh	29-00.00	
7 Leto, Abigail	Northwestern Lehigh	28-03.25	
8 Bobbyn, Charlize	Northwestern Lehigh	28-01.75	
9 Flores, Syenna	Northwestern Lehigh	27-04.50	

Girls Shot Put

Name	Year School	Finals	Points
1 Brensinger, Katie	Northwestern Lehigh	31-05.00	5
2 Fenstermaker, Sadie	Northwestern Lehigh	28-10.00	3
3 Shoemaker, Katelyn	Palisades	28-08.00	1
4 Shulz, Jillian	Palisades	24-03.00	
5 Carson, Kaitlyn	Palisades	23-04.00	
6 Snyder, Alexis	Northwestern Lehigh	22-11.00	
7 Manchester, Jocelyn	Palisades	20-09.00	

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****....Girls Shot Put**

8	Kistler, Adisan	Northwestern Lehigh	20-04.00
9	Prunkel, Violet	Palisades	20-00.00
10	Wade, Rachel	Northwestern Lehigh	19-11.00

Girls Discus Throw

Name	Year School	Finals	Points
1 Shoemaker, Katelyn	Palisades	87-06	5
2 Fenstermaker, Sadie	Northwestern Lehigh	83-10.50	3
3 Aherne, Mary	Palisades	75-00	1
4 Brensinger, Katie	Northwestern Lehigh	74-10	
5 Donaldson, Skylar	Palisades	71-03	
6 Shulz, Jillian	Palisades	58-08	
7 Kistler, Adisan	Northwestern Lehigh	52-09	
8 Speicher, Lillian	Palisades	46-04	
9 Green, Shannon	Northwestern Lehigh	43-01	
-- Snyder, Alexis	Northwestern Lehigh	DQ	

Girls Javelin Throw

Name	Year School	Finals	Points
1 Shoemaker, Katelyn	Palisades	114-03	5
2 Fenstermaker, Sadie	Northwestern Lehigh	91-06	3
3 Shulz, Jillian	Palisades	89-05	1
4 Green, Shannon	Northwestern Lehigh	65-02	
5 Carson, Kaitlyn	Palisades	64-06	
6 Aherne, Mary	Palisades	61-10	
7 Snyder, Alexis	Northwestern Lehigh	54-03	
8 Oschmann, Eva	Palisades	54-02	
9 Kistler, Adisan	Northwestern Lehigh	49-00	
10 Wade, Rachel	Northwestern Lehigh	48-10	

Boys 100 Meter Dash

Name	Year School	Finals	Points
1 Heilman, Joshua	Northwestern Lehigh	11.10	5
2 Moyes, Jackson	Northwestern Lehigh	11.70	3
3 Leblanc, Gianluca	Palisades	11.80	1
4 Farese, Jacob	Palisades	12.20	
5 Lodwig, Owen	Palisades	12.40	
6 Matson, Landen	Northwestern Lehigh	12.50	
7 Fogal, Asa	Northwestern Lehigh	12.60	
8 Russo, Joseph	Northwestern Lehigh	13.40	
-- Blaise, Bailey	Northwestern Lehigh	DQ	
-- Campbell, Mason	Palisades	DQ	

Boys 200 Meter Dash

Name	Year School	Finals	Points
1 Moyes, Jackson	Northwestern Lehigh	24.60	5
2 Leblanc, Gianluca	Palisades	25.10	3

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****....Boys 200 Meter Dash**

3	Bachman, Benjamin	Northwestern Lehigh	25.30	1
4	Matson, Landen	Northwestern Lehigh	25.70	
5	Fogal, Asa	Northwestern Lehigh	26.00	
6	Russo, Joseph	Northwestern Lehigh	26.90	
7	Farese, Jacob	Palisades	27.70	
7	Anderson, Will	Palisades	27.70	
--	Blaise, Bailey	Northwestern Lehigh	DQ	
--	Campbell, Mason	Palisades	DQ	

Boys 400 Meter Dash

Name	Year	School	Finals	Points
1	Heilman, Joshua	Northwestern Lehigh	54.30	5
2	Salva, Hugh	Palisades	55.40	3
3	Kozlowski, Ethan	Northwestern Lehigh	56.30	1
4	Anderson, Evan	Northwestern Lehigh	56.60	
5	Schaefer, Peter	Palisades	58.30	
6	Bachman, Benjamin	Northwestern Lehigh	59.20	
7	Kern, Seth	Northwestern Lehigh	1:00.30	
8	Russo, Joseph	Northwestern Lehigh	1:02.10	
9	Anderson, Will	Palisades	1:02.50	

Boys 800 Meter Run

Name	Year	School	Finals	Points
1	Smigo, Thomas	Palisades	2:00.40	5
2	Vincent, Nathan	Northwestern Lehigh	2:04.50	3
3	Bower, Samuel	Northwestern Lehigh	2:11.40	1
4	Kershner, Sean	Northwestern Lehigh	2:17.10	
5	McClintic, Matthew	Palisades	2:22.50	
--	Campbell, Mitchell	Palisades	DQ	

Boys 1600 Meter Run

Name	Year	School	Finals	Points
1	Smigo, Thomas	Palisades	4:36.00	5
2	Campbell, Mitchell	Palisades	4:38.50	3
3	Santana, Matthew	Northwestern Lehigh	4:38.90	1
4	Kershner, Sean	Northwestern Lehigh	5:02.00	
5	Santana, Zachary	Northwestern Lehigh	5:15.80	

Boys 3200 Meter Run

Name	Year	School	Finals	Points
1	Smigo, Thomas	Palisades	9:52.80	5
2	Chukoskie, Cole	Northwestern Lehigh	9:58.10	3
3	Campbell, Mitchell	Palisades	10:14.10	1
4	Giandomenico, Xander	Northwestern Lehigh	11:24.60	
--	Chukoskie, Joe	Northwestern Lehigh	DQ	

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****Boys 110 Meter Hurdles**

Name	Year School	Finals	Points
1 Campbell, Griffin	Palisades	16.90	5
2 Shuhay, Matthew	Northwestern Lehigh	19.00	3
3 Romanuski, Skyler	Northwestern Lehigh	19.20	1
4 Kuhns, Cayden	Northwestern Lehigh	19.40	
5 Miller, Brendan	Northwestern Lehigh	19.60	
6 Marstellar, Ethan	Northwestern Lehigh	21.30	
-- Fornawalt, Benjamin	Northwestern Lehigh	DQ	

Boys 300 Meter Hurdles

Name	Year School	Finals	Points
1 Guthier, Bryce	Palisades	42.20	5
2 Campbell, Griffin	Palisades	45.00	3
3 Miller, Brendan	Northwestern Lehigh	49.00	1
4 Wertman, Hudson	Northwestern Lehigh	49.60	
5 Romanuski, Skyler	Northwestern Lehigh	49.70	
6 Shuhay, Matthew	Northwestern Lehigh	50.80	
7 Monahan, Caden	Northwestern Lehigh	55.10	
-- Fornawalt, Benjamin	Northwestern Lehigh	DQ	

Boys 4x100 Meter Relay

School	Finals	Points
1 Northwestern Lehigh 'A' 1) Anderson, Evan 3) Heilman, Joshua	46.20	5
2 Palisades 'A' 1) Farese, Jacob 3) Reinard, Blake	47.20	
2) Blaise, Bailey 4) Moyes, Jackson		
2) Johnson, Trevor 4) Salva, Hugh		

Boys 4x400 Meter Relay

School	Finals	Points
1 Northwestern Lehigh 'A' 1) Anderson, Evan 3) Kozlowski, Ethan	3:40.00	5
2 Palisades 'A' 1) McClintic, Matthew 3) Schaefer, Peter	3:40.60	
2) Heilman, Joshua 4) Moyes, Jackson		
2) Salva, Hugh 4) Guthier, Bryce		

Boys 4x800 Meter Relay

School	Finals	Points
1 Northwestern Lehigh 'A' 1) Bower, Samuel 3) Santana, Matthew	8:33.10	5
2 Palisades 'A' 1) Campbell, Mitchell 3) Schaefer, Peter	9:26.30	
2) Chukoskie, Cole 4) Vincent, Nathan		
2) McClintic, Matthew 4) Smigo, Thomas		

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****Boys High Jump**

Name	Year School	Finals	Points
1 Nelson, Gavin	Northwestern Lehigh	J5-07.00	5
2 Kozlowski, Ethan	Northwestern Lehigh	J5-07.00	3
3 Johnson, Trevor	Palisades	J5-01.00	1
4 Shuhay, Matthew	Northwestern Lehigh	J5-01.00	
4 Reinard, Blake	Palisades	J5-01.00	
-- Anderson, Will	Palisades	DQ	
-- Kern, Seth	Northwestern Lehigh	DQ	
-- Fornawalt, Benjamin	Northwestern Lehigh	DQ	

Boys Pole Vault

Name	Year School	Finals	Points
1 Kuhns, Cayden	Northwestern Lehigh	10-03.00	5
2 McClintic, Matthew	Palisades	9-09.00	3
3 Leith, Zachary	Northwestern Lehigh	8-03.00	1
-- Mesics, Carson	Northwestern Lehigh	DQ	
-- Leibowitz, Owen	Northwestern Lehigh	DQ	

Boys Long Jump

Name	Year School	Finals	Points
1 Salva, Hugh	Palisades	20-01.25	5
2 Reinard, Blake	Palisades	18-10.00	3
3 Guthier, Bryce	Palisades	18-08.75	1
4 Johnson, Trevor	Palisades	18-05.75	
5 Bolsover, Daniel	Northwestern Lehigh	17-09.50	
6 Fornawalt, Benjamin	Northwestern Lehigh	16-04.75	
7 Shuhay, Matthew	Northwestern Lehigh	16-02.00	
8 Fogal, Asa	Northwestern Lehigh	15-02.50	
9 Wertman, Hudson	Northwestern Lehigh	13-01.00	
-- Fogal, Jedediah	Northwestern Lehigh	DQ	
-- Nelson, Gavin	Northwestern Lehigh	DQ	

Boys Triple Jump

Name	Year School	Finals	Points
1 Campbell, Griffin	Palisades	39-06.50	5
2 Johnson, Trevor	Palisades	39-01.75	3
3 Bolsover, Daniel	Northwestern Lehigh	37-02.00	1
4 Reinard, Blake	Palisades	36-08.50	
5 Fogal, Jedediah	Northwestern Lehigh	35-03.50	
6 Leblanc, Gianluca	Palisades	34-02.50	
7 Fornawalt, Benjamin	Northwestern Lehigh	33-07.75	
8 Wertman, Hudson	Northwestern Lehigh	32-10.75	
-- Fogal, Asa	Northwestern Lehigh	DQ	

Northwestern Lehigh vs. Palisades - 4/21/2022**Northwestern Lehigh
Results****Boys Shot Put**

Name	Year School	Finals	Points
1 Bartels, Dean	Palisades	45-09.00	5
2 Carr, Nathan	Palisades	42-01.00	3
3 Myers, Colin	Northwestern Lehigh	39-07.00	1
4 Cabansag, Matthew	Northwestern Lehigh	37-01.00	
5 Carr, Sheadon	Palisades	35-06.00	
6 Zaleski, Joseph	Palisades	33-07.00	
7 Freeman, Gabriel	Palisades	27-08.00	
8 Bailey, Jackson	Northwestern Lehigh	27-04.00	

Boys Discus Throw

Name	Year School	Finals	Points
1 Bartels, Dean	Palisades	123-10	5
2 Lerch, Timothy	Palisades	113-10	3
3 Myers, Colin	Northwestern Lehigh	104-06	1
4 Zaleski, Michael	Palisades	98-01	
5 Zaleski, Joseph	Palisades	95-10.50	
6 Cabansag, Matthew	Northwestern Lehigh	87-01	
7 Carr, Nathan	Palisades	73-04	
8 Blaise, Bailey	Northwestern Lehigh	66-09	
9 Miller, Brendan	Northwestern Lehigh	64-00	
10 Bailey, Jackson	Northwestern Lehigh	63-08	

Boys Javelin Throw

Name	Year School	Finals	Points
1 Bartels, Dean	Palisades	149-05	5
2 Carr, Sheadon	Palisades	107-08	3
3 Zaleski, Michael	Palisades	102-09	1
4 Freeman, Gabriel	Palisades	101-06	
5 Bailey, Jackson	Northwestern Lehigh	97-04	
6 Miller, Brendan	Northwestern Lehigh	96-01	
7 Cabansag, Matthew	Northwestern Lehigh	91-10	
8 Zaleski, Joseph	Palisades	79-08	

Women - Team Rankings - 18 Events Scored

1) Palisades	87	2) Northwestern Lehigh	63
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Men - Team Rankings - 18 Events Scored

1) Palisades	85	2) Northwestern Lehigh	65
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